



Visual Art Institute – Utah County

Spring 2024 – Oil Painting for Teens and Adults

Wednesdays 4:30 – 6:30PM with Shelley Young

1. 8 - 10 Gessoed Boards - 12 x16 (recommended size)

You can buy Masonite (Hard Board) or Canvas Board. Stretched canvas will work, but it is often loose and bouncy. I prefer a more firm surface to paint on.

2. Pint of gesso

3. Oil painting brushes: Each type of brush is numbered differently, so get a variety of large, medium, and small brushes in both hog bristle and sable style (soft) brushes:

Hog bristle brushes:

- Flats: #6, #4
- Filberts: #6, #4

Sables/Sabelette brushes:

- Flats: #8, #4, #1
- Rounds: #8 #2
- Filberts: #8, #4

4. A double palette cup to hold solvent and painting medium gel

5. Odorless Turpenoid or Gamsol painting solvent (a quart) 6. Liquin Bottle (2, 4, or 8 oz) OR one tube of *Solventless GEL by Gamblin (preferred) 7. Roll of blue shop towels (available at Costco or Home Depot)

8. Masterson Art Palette 12 x 16" (\$20 at Blick in Sugarhouse or online Blick site) AND Palette paper (recommended: Richeson Gray Matters, 12x16 for \$14)

9. Palette knife

10. Roll of Masking Tape 1"

11. Sketchbook and pencil

12. Apron or old shirt

13. Master's brush cleaner soap in a small container

14. Small bottle of clove oil to drop on paint piles to keep them wet

15. Paint colors (the fun stuff!)

- Large tube of Titanium White
- Cadmium Yellow
- Yellow Ochre
- Raw Sienna
- Cadmium Red Light
- Alizarin Crimson
- Burnt Sienna
- Ultramarine Blue
- Cerulean Blue
- Viridian or Phthalo Green
- Sap Green
- Burnt Umber
- Ivory Black
- Any other color you like